

Week 3

Meat Free Monday

Mac 'n' Cheese

Mediterranean Vegetables with Couscous

(Seasonal Vegetables, Salad Bar and Fresh Bread)

Jacket Potato and Beans

Cheese Wrap

Fresh Dairy Yoghurt

Tuesday

Italian Style Chicken Goujons with Oven Chips

Southern Style Quorn Burger with Oven chips

(Seasonal Vegetables, Salad Bar and Fresh Bread)

Cheese and Tomato Pasta Pot

Jacket Potato with Tuna Mayo

Banana Sponge with Custard

Sugar Free Wednesday

Beef Lasagne

Summer Vegetable Lasagne

(Seasonal Vegetables, Salad Bar and Fresh Bread)

Cheese and Ham Panini

Tuna Mayo wrap

Orange and Mandarin Jelly with Crème Fraiche

Thursday

Roast Chicken with Roast Potatoes & Gravy

Vegetable Sausage Cutlet with Roast Potatoes & Gravy

(Seasonal Vegetables, Salad Bar and Fresh Bread)

Cheese Wrap

Ham Wrap

Lemon Shortbread Biscuit

Friday

Harry Ramsdens Fish with Oven Chips

Vegetable Fingers with Oven Chips

(Seasonal Vegetables, Salad Bar and Fresh Bread)

Jacket Potato with Tuna Mayo

Cheese and Ham Panini

Raspberry Ripple Vanilla Ice Cream Sponge Roll

Whilst every effort is made to provide the meals, all are subject to availability.