

## Week 2

### Meat Free Monday

Ricotta & Mozzarella Filled Ravioli in Tomato Sauce

Meat Free Glamorgan Sausages with Potato Wedges

(with Green Beans & Carrots)

Jacket Potato with Tuna

Quorn Sausage in a Hot Dog Roll

Banana Pancakes

### Tuesday

Beef Burger in a Bun with Oven Chips

Southern Style Meat Free Burger in a Bun with Oven Chips

(with Garden Peas and Sweetcorn)

Jacket Potato with Tuna Mayonnaise

Cheese Wrap

Mixed Berry Mousse

### Sugar Free Wednesday

Sweet & Sour Pork with Noodles

Mac 'n' Cheese with Wholemeal Garlic Bread

(with Sweetcorn and Broccoli)

Jacket Potato with Beans

Pork Sausage in a Hot Dog Roll

Cheese & Biscuits with Apple Slices

Thursday

Roast Chicken with Roast Potatoes & Gravy

Quorn Fillet with Roast Potatoes & Gravy

(with Cauliflower & Carrots)

Cheese and Tomato Pasta Pot

Ham Wrap

Fruit Yoghurt

Friday

Fish Fingers with Potato Tots

Veggie Burrito

(with Baked Beans and Garden Peas)

Tuna Wrap

Beef Burger in a Bun

Chocolate & Beetroot Brownie with Whipped Crème Fraiche

Whilst every effort is made to provide the meals, all are subject to availability.