

Week 3

Meat Free Monday

Wholemeal Pasta Bake

Meat-Free Chilli Topped Wedges
(with Coleslaw and Broccoli)

Jacket Potato with Cheese

Quorn Sausage in a Hot Dog Roll

Fruit Yoghurt

Tuesday

BBQ Chicken with Rice

Sweet Potato Whirl with Rice
(with Sweetcorn and Garden Peas)

Tuna Wrap

Pepperoni Pasta Pot

Apple Muffin with Whipped Crème Fraiche

Sugar Free Wednesday

Minced Beef and Vegetable Pie with New Potatoes & Gravy

Meat-Free Veggie Balls in Cheese & Tomato Sauce with Wholemeal Pasta
(with Green Beans & Sweetcorn)

Jacket Potato with Beans

Pork Sausage in a Hot Dog Roll

Fresh Fruit Salad

Thursday

Roast Turkey Teddy Meatloaf with Roast Potatoes & Gravy

Quorn Fillet with Roast Potatoes & Gravy

(with Carrots & Cabbage)

Cheese & Tomato Pasta Pot

Ham Wrap

Strawberry Mousse

Friday

Harry Ramsden's Junior Battered Fish with Oven Chips

Meat-Free Sausage & Tomato Roll with Oven Chips

(with Baked Beans & Garden Peas)

Cheese Wrap

Beef Burger in a Bun

Waffle with Peaches & Whipped Crème Fraiche

Whilst every effort is made to provide the meals, all are subject to availability.