

## Week 3

### Meat Free Monday

Mac 'n' Cheese

Pesto Pasta

(Seasonal Vegetables, Salad Bar and Fresh Bread)

Cheese Wrap

Quorn Sausage in a Hot Dog Roll

Fruit Yoghurt

### Tuesday

Beef Burger in a Bun with Oven Chips

Meat Free Burger in a Bun with Oven Chips

(Seasonal Vegetables, Salad Bar and Fresh Bread)

Jacket Potato with Beans

Tuna Mayo Wrap

Apple Sponge with Custard

### Sugar Free Wednesday

Keralan Chicken and Butternut Squash Curry with Rice

Keralan Spinach and Butternut Squash Curry with Rice

(Seasonal Vegetables, Salad Bar and Fresh Bread)

Cheese Panini/Roll

Chicken Mayo Wrap

Peaches with Custard

## Thursday

Roast Chicken with Roast Potatoes & Gravy

Cauliflower and Broccoli Cheese with Roast Potatoes & Gravy

(Seasonal Vegetables, Salad Bar and Fresh Bread)

Cheese and Tomato Pasta Pot

Ham Wrap

Vanilla Ice Cream

## Friday

Harry Ramsden's with Oven Chips

Vegan Nuggets with Oven Chips

(Seasonal Vegetables, Salad Bar and Fresh Bread)

Jacket Potato with Tuna Mayo

Beef Burger in a Bun

Butterscotch Tart

Whilst every effort is made to provide the meals, all are subject to availability.